


# Tipton Academy

## October 2025 k-8 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 [COUNT DAY]	2	3
		Pretzel with Cheese Cucumbers Apple Milk	Chicken Tenders Oven Brown Potatoes Banana Milk	Pizza Romaine Lettuce Fresh Cubed Fruit, Milk
6	7	8	9	10
Bosco Sticks with Marinara White Beans 100% Fruit Juice, Milk	Quesadilla Carrots Apple Slices Milk	White Chicken Chili Whole Wheat Roll Carrots Fruit Cup Milk	1/2 Day No Lunch	Pizza Romaine Lettuce Banana Milk
13	14	15	16	17
Shredded BBQ Chick- en on a Whole Wheat Bun Baked Beans Applesauce, Milk	South of the Border Chicken over Rice Carrots 100% Fruit Juice, Milk	Baked Mostacioli Whole Wheat Roll Mixed Vegetable Apple Milk	Cheese Ravioli with Marinara Whole Wheat Roll Roasted Potatoes Banana, Milk	Pizza Romaine Lettuce Fresh Cubed Fruit Milk
20	21	22	23	24
Meatball Marinara Sub with Cheese White Beans 100% Fruit Juice Milk	Beef and Cheese Nacho, Carrots Craisins Milk	Beefy Macaroni and Cheese Whole Wheat Roll Green Beans Fruit Cup, Milk	Swedish Meatballs Whole Wheat Noodles Corn Orange, Milk	Pizza Romaine Lettuce Banana, Milk
27	28	29	30	31 
Sloppy Joe on a Whole Wheat Bun, Baked Beans, Apple- sauce, Milk	Shredded Chicken and Cheese Taco Carrots 100% Fruit Juice, Milk	Pretzel with Cheese Cucumbers Apple Slices Milk	Mini Turkey Corn Dogs Oven Brown Potatoes Banana Milk	Pizza Romaine Lettuce Banana Milk

Please Note:  
Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.

All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White



This institution is an equal opportunity provider.

# Tipton Academy

## October 2025 GSRP Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 [COUNT DAY]	2	3
		Pretzel with Cheese Cucumbers Apple Milk	Chicken Tenders Oven Brown Potatoes Banana Milk	Pizza Romaine Lettuce Fresh Cubed Fruit, Milk
6	7	8	9	10
Bosco Sticks with Marinara White Beans 100% Fruit Juice, Milk	Quesadilla Carrots Apple Slices Milk	White Chicken Chili Whole Wheat Roll Carrots Fruit Cup Milk	1/2 Day No Lunch	GSRP Only No School
13	14	15	16	17
Shredded BBQ Chick- en on a Whole Wheat Bun Baked Beans Applesauce, Milk	South of the Border Chicken over Rice Carrots 100% Fruit Juice, Milk	Baked Mostacioli Whole Wheat Roll Mixed Vegetable Apple Milk	Cheese Ravioli with Marinara Whole Wheat Roll Roasted Potatoes Banana, Milk	Pizza Romaine Lettuce Fresh Cubed Fruit Milk
20	21	22	23	24
Meatball Marinara Sub with Cheese White Beans 100% Fruit Juice Milk	Beef and Cheese Nacho, Carrots Craisins Milk	Beefy Macaroni and Cheese Whole Wheat Roll Green Beans Fruit Cup, Milk	Swedish Meatballs Whole Wheat Noodles Corn Orange, Milk	GSRP Only No School
27	28	29	30	31 
Sloppy Joe on a Whole Wheat Bun, Baked Beans, Apple- sauce, Milk	Shredded Chicken and Cheese Taco Carrots 100% Fruit Juice, Milk	Pretzel with Cheese Cucumbers Apple Slices Milk	Mini Turkey Corn Dogs Oven Brown Potatoes Banana Milk	Pizza Romaine Lettuce Banana Milk

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# Tipton Academy

## October 2025 k-8 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chocolate Chip Snack'n Loaf Orange Slices, 100% Fruit Juice, Milk	Ultimate Breakfast Round Watermelon 100% Fruit Juice Milk	Super Bakery Pull Apart Donut Apple Slices, 100% Fruit Juice, Milk
6	7	8	9	10
Sky Blue Mini Blueberry Muffin Fruit Cocktail 100% Fruit Juice Milk	Raspberry Rainbow Trix Yogurt Graham Red Delicious Apple Milk	Nutrigrain Apple Cinnamon Bar Pears, 100% Fruit Juice, Milk	Pillsbury Cinnamon Toast Soft Filled Bar Granny Smith Apple, 100% Fruit Punch, Milk	Banana Chocolate Chunk Benefit Bar Craisins 100% Fruit Juice Milk
13	14	15	16	17
Cocoa Puffs Cereal Diced Pears 100% Fruit Punch Milk	DeWafelbakkers Blueberry Pancakes Red Delicious Apple Milk	Snack'n Banana Yogurt Loaf Orange Slices, 100% Fruit Juice, Milk	Raspberry Iced Rollup Cantaloupe 100% Apple Juice Milk	Pillsbury Muffin Trix Apple Slices, 100% Fruit Juice, Milk
20	21	22	23	24
Sky Blue Chocolate Chip Muffin Peach Cup 100% Apple Juice Milk	Assorted Berry Light n' Fit Yogurt Granola Red Delicious Apple Milk	Nutrigrain Strawberry Bar Pears, 100% Fruit Juice, Milk	Egg Cheese Rollup Granny Smith Ap- ple, 100% Orange Juice, Milk	Lucky Charms Cereal Bar Craisins, 100% Fruit Juice, Milk
27	28	29	30	31 
Cheerios Cereal Pineapple Tidbits 100% Orange Juice Milk	Fruit Loop Waffle Red Delicious Apple Milk	Snack'n Blueberry Yogurt Loaf Orange Slices, 100% Fruit Juice, Milk	Cinnamon Bagelful, Craisins 100% Fruit Juice Milk	Nature Valley Banana Chocolate Chip Breakfast Round, Red Deli- cious Apple, Milk

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White

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## October 2025 GSRP Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Snack'n Loaf Orange Slices Milk	Bagelful Watermelon Milk	Cereal Apple Slices Milk
6	7	8	9	10
Sky Blue Mini Blueberry Muffin Fruit Cocktail Milk	Raspberry Rainbow Trix Yogurt Graham Red Delicious Apple Milk	Cereal Pears Milk	Pillsbury Cinnamon Toast Soft Filled Bar Granny Smith Apple Milk	GSRP Only No School
13	14	15	16	17
Cereal Diced Pears Milk	DeWafelbakkers Blueberry Pancakes Red Delicious Apple Milk	Snack'n Banana Yogurt Loaf Orange Slices Milk	Strawberry Bagelful Cantaloupe Milk	Muffin Apple Slices Milk
20	21	22	23	24
Assorted Fruit Muffin Peach Cup Milk	Assorted Berry Light n' Fit Yogurt Granola Red Delicious Apple Milk	Bagelful Pears Milk	Egg Cheese Rollup Granny Smith Apple Milk	GSRP Only No School
27	28	29	30	31
Cheerios Cereal Pineapple Tidbits Milk	Waffle Red Delicious Apple Milk	Snack'n Blueberry Yogurt Loaf Orange Slices Milk	Cinnamon Bagelful, Craisins Milk	Asst. Fruit Muffin, Red Delicious Ap- ple, Milk

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free White or Low Fat White

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# Tipton Academy

## October 2025 Snack

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Pretzels Milk	Cheese Stick 100% Fruit Juice	Graham Cracker Milk
6	7	8	9	10
Fruit Cup Milk	Bug Bites 100% Fruit Juice	Apple Slices Milk	Yogurt 100% Fruit Juice	GSRP Only No School
13	14	15	16	17
Craisins Milk	Cheese Crackers 100% Fruit Juice	Pretzels Milk	Cheese Stick 100% Fruit Juice	Graham Cracker Milk
20	21	22	23	24
Fruit Cup Milk	Bug Bites 100% Fruit Juice	Apple Slices Milk	Yogurt 100% Fruit Juice	GSRP Only No School
27	28	29	30	31 
Craisins Milk	Cheese Crackers 100% Fruit Juice	Pretzels Milk	Cheese Stick 100% Fruit Juice	Graham Cracker Milk

Milk offered: Fat Free White or Low Fat White

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