

OCTOBER



Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Hamburger on Whole Wheat Bun Tator Tots Grapes Milk	Macaroni and Cheese Whole Wheat Roll Green Beans Fruit Cup Milk	Pizza Romaine Lettuce Banana Milk	Beef and Cheese Nachos Carrots Apple Slices Milk	Chicken Nuggets Baked Beans Juice Milk
8	9	10	11	12
Hot Dog on a Whole Wheat Bun Carrots Juice Milk	Chicken Alfredo Pasta Whole Wheat Roll Green Beans Pear Milk	Pizza Romaine Lettuce Banana Milk	BBQ Meatballs Whole Wheat Roll Mashed Potatoes Apple Slices Milk	Popcorn Chicken Baked Beans Fruit Cup Milk
15	16	17	18	19
Chicken Patty on a Whole Wheat Bun White Bean Potato Salad Grapes Milk	Spaghetti and Meatballs Whole Wheat Roll Green Beans Fruit Cup Milk	Pizza Romaine Lettuce Banana Milk	Walking Taco Carrots Apple Slices Milk	Chicken Tenders Potato Wedges Juice Milk
22	23	24	25	26
Hamburger on a Whole Wheat Bun Baked Beans Grapes Milk	Beef Macaroni Whole Wheat Roll Carrots Pear Milk	Pizza Romaine Lettuce Banana Milk	Chicken and Cheese Soft Taco Fiesta Potatoes Apple Slices Milk	Chicken Nuggets Mixed Vegetables Fruit Cup Milk
29	30	31		
Spaghetti and Meatballs Whole Wheat Roll Carrots Juice Milk	Pizza Romaine Lettuce Banana Milk	1/2 Day No Lunch Happy Halloween!	Tipton West Breakfast served 7:45 AM to 8:15 AM	Tipton East Breakfast served 7:30 AM to 8:00 AM

**TIPTON
ACADEMY**

LUNCH

CJ's Catering & Food Service

This institution is an equal opportunity provider. All lunches include Milk, Fruits & or Vegetables, Bread or Bread Equivalent, Meat or Meat equivalent (Menu is subject to change) Milk Offered: Chocolate and White

**Lunch- \$3.27
Reduced- \$0.40**